FDI Tobacco Cessation workshop

Date

**Objective:**

Educate oral health professionals to implement the Tobacco Cessation Guidance and deliver tobacco cessation advice to patients in their practices.

**Programme** (Local Time):

**Session 1: 5As:**

*Plenary session (09:00 – 10:05)*

* 09:00 – 09:05: Welcome and introduction
* 09.05 – 09:10: Workshop overview
* 09.10 – 09:15: The FDI Tobacco Cessation project
* 09:15 – 09:30: Tobacco and impact on oral health
* 09:30 – 09:50: Presentation of the 5 As concept (patients willing to quit)
* 09:50 – 10:00: Introduction to the breakout session activities
* 10:00 – 10:05: Breakout groups creation

#### Breakout sessions (11:05 – 11:45)

* 10:05 – 10:45: Participants will be tasked to deliver advice using the 5As to help a tobacco user make a quit attempt in a primary care setting using several scenarios. The scenarios will be developed using examples included in the [Tobacco Cessation Guidance for Oral Health Professionals](https://www.fdiworlddental.org/sites/default/files/2021-08/FDI%20Tobacco%20Cessation%20Guide%20160621.pdf). Participants will play the role of the dentist and the patient in rotation to allow all participants to practice delivering the intervention.

*10:45 – 11:00: Coffee break*

**Session 2: 5Rs**

*Plenary session (11:00 – 11:35)*

* 11:00 – 11:20: Presentation of the 5 Rs concept (patients not willing to quit) (DF)
* 11:20 – 11:30: Introduction to the breakout session activities (EK)
* 11:30 – 11:35: Breakout groups creation

*Breakout sessions (11:35 – 12:15)*

* 11:35 – 12:15: Participants will be tasked to deliver advice using the 5Rs to help a tobacco user make a quit attempt in a primary care setting using several scenarios. The scenarios will be developed using examples included in the Tobacco Cessation Guidance for Oral Health Professionals. Participants will play the role of the dentist and the patient in rotation to allow all participants to practice delivering the intervention

*Plenary session (12:15 – 13:00)*

* 12:15 – 13:25: Group leaders report group discussions to the whole group
* 12:25 – 12:55: Group discussion: Challenges to implement the 5As and 5Rs in practice and ideas to strengthen tobacco cessation in the countries
* 12:55 – 13:00: Workshop closing

**Follow up:**

An evaluation should be distributed to the participants afterwards to gather feedback